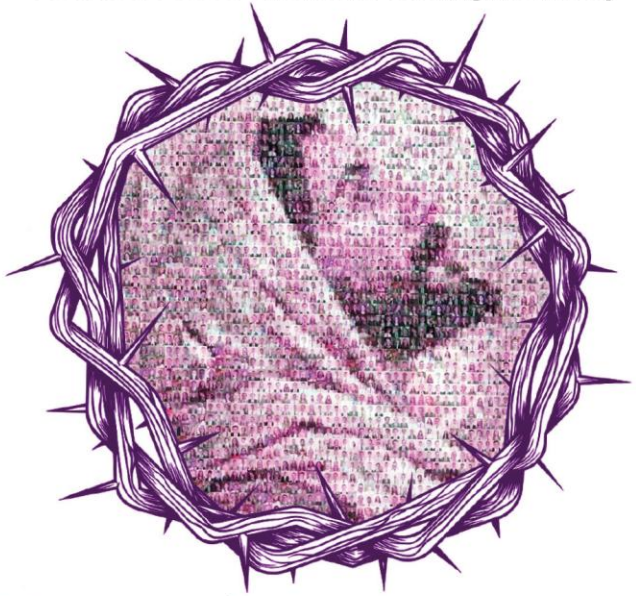
# NEWBEC

NEW WAY OF BEING CHURCH | 1st Sunday Of Lent | 22 February 2026

**WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH**

*A People for Missionary Discipleship*

MONTHLY FOCUS: **CHURCH: Fostering Inclusivity**



# "In the One, We Are One"

When it comes to the subject of temptation, we have many stories to share, don't we? Everybody faces temptation. Some of it is pretty harmless (that extra slice of chocolate cake) and we can laugh about it. But some of it isn't.

But that's the supreme subtlety of the Devil. He has perfected the art of making sin not look like sin. The Devil's first accomplishment is to convince you that he doesn't exist. And then he proceeds to insinuate doubts to make you believe that conscience is a figment, that prayer is a projection, and finally that God is only a defence mechanism.

In contrast to what the Devil throw at us, our Lord Jesus provides us with the perfect defence against his attacks - faith and obedience to the authority of God. **Christ in embracing our humanity, allowed Himself to be tempted as we have been tempted** (Heb. 4:15). No other gospel story allows us to identify so closely with Him. He proves to us that if we remain steadfast to God's purpose and will, His grace will have the last word, not sin.

**SCRIPTURE *of the* DAY**

Genesis 2: 7-9, 3: 1-7
Psalm 50: 3-6, 12-14, 17
Romans 5: 12-19
(or 12: 17-19)
Matthew 4: 1-11

But it is also helpful to know how the Devil works. The tempter offers up things that are eminently reasonable and seemingly rational. Sometimes evil is easily identified. But more often than not, evil presents itself in the guise of an apparent good. What is the common thread running through all temptations which we face? It is basically this: to treat God as less than God. And ultimately, when men cease to trust God and worship Him, they end up worshipping themselves or the devil. We are constantly being tested to trust God and instead trust in our own strength.

**"Despise the temptation and embrace the tribulation. When the enemy roars around you, it shows that he is not in you."**

*St. Padre Pio*

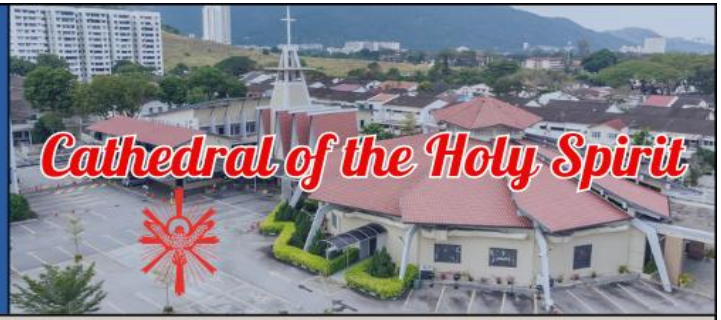
But Jesus's example shows us to always stay focus on God and not the world. We derive power not from autonomy but from faithful and humble obedience to God. Ultimately, the ultimate defence and cure to all forms of temptations is this, putting God first above all else.

This Lent let's tussle against temptation by trusting in the one who was and is always faithful to us—Jesus Christ, the One who defeated the Devil at his own game. In the One, we are One!

INTERNAL CIRCULATION ONLY
BUL 08/2026

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# CHS BULLETIN




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**Priests-in-Residence: FR FRANCIS ANTHONY, FR FABIAN DICOM & FR JAMES TAN**

## Get Connected With Us

We would love to connect with you!
Please follow us on our social media platforms and email for the latest updates on our events.

admin@holyspiritcathedral.com | holyspiritcathedral.com
CHSpenang | chspenang | youtube.com/CHSPgTv

**2026 THEME FEBRUARY**

**WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH**
**(A PEOPLE FOR MISSIONARY DISCIPLESHIP)**
***CHURCH (CONVERSION OF RELATIONSHIPS)***
***– FOSTERING INCLUSIVITY***

| DATE | TIME | ACTIVITY | MASSES IN THE PARISH |
|---|---|---|---|
| Feb 22 (Sun)<br>*Gen 2:7-9,3:1-7*<br>*Rom 5:12-19*<br>*Mt 4:1-11* | **8.00 am**<br>**10.30 am** | **MASS (M)**<br>**MASS (E)** | **FIRST SUNDAY OF LENT** |
| Feb 23 (Mon) | | **NO MASS** | **St. Polycarp, Bishop, Martyr** |
| Feb 24 (Tue) | **6.40 am**<br>**7.00 am** | **Lauds**<br>**MASS (E)** | |
| Feb 25 (Wed) | **6.10 pm**<br>**6.30 pm**<br>**8.00 pm** | **Vespers**<br>**MASS (E)**<br>**BEC MASS (Zone D)** | |
| Feb 26 (Thu) | **6.10 pm**<br>**6.30 pm** | **Vespers**<br>**MASS (E)** | |
| Feb 27 (Fri) | **12.00 pm**<br><br>**8.00 pm** | **WOTC (E) followed by MASS (E)**<br>**WOTC (ETM) followed by MASS (E)** | **St. Gregory of Narek, Abbot and Doctor of the Church**<br>**For WOTC at 8.00pm,**<br>**- Church (E), Chapel (T), Hall (M)** |
| Feb 28 (Sat) | **6.40 am**<br>**7.00 am**<br>**5.30 pm**<br>**6.00 pm** | **Lauds**<br>**MASS (E)**<br>**Novena to OMPH**<br>**MASS (E)** | |
| Mar 01 (Sun)<br>*Gen 12:1-4*<br>*2 Tim 1:8-10*<br>*Mt 17:1-9* | **8.00 am**<br>**10.30 am**<br>**5.30 pm** | **MASS (M)**<br>**MASS (E)**<br>**MASS (T)** | **SECOND SUNDAY OF LENT** |

***E = English M = Mandarin T = Tamil BM = Bahasa Malaysia***

# PARISH NEWS

## THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

| Online Payment for | Donations<br>Mass Offering<br>Hall Booking<br>Wake Room Booking | Tithes | Sharing Hope Project<br>Outreach Projects |
|---|---|---|---|
| Bank | **Public Bank Berhad** | **RHB Bank Berhad** | **RHB Bank Berhad** |
| Account Number | **309 3049812** | **20708 2000 39510** | **20708 2000 39928** |
| Account Name | Cathedral of the Holy Spirit | Cathedral of the Holy Spirit | Cathedral CHS |

Email Bank-in-Slip to admin@holyspiritcathedral.com

**Our Collection on 14 & 15 February 2026: RM 11,125.18**
**Collection on CNY New Year Eve & Day: RM 8,164. 48**

*"God loves a cheerful giver." – 2 Cor. 9:7*

**1. STAYING AT CHS FOR ONE YEAR**

We welcome Patrick Louis, who will be staying with us this year, as he begins his permanent diaconate formation with classes at College General.

**2. BEC MASSES**

Please take note that there will be BEC Masses at 8pm at the respective Zones:

- 25 Feb - Zone D
- 5 Mar - Zone E
- 18 Mar - Zone F
- 10 Apr - Zone G
- 23 Apr - Zone H
- 8 May - Zone I
- 12 May - Zone A
- 10 Jun - Zone B
- 25 Jun - Zone C
- 2 Jul - Zone D
- 15 Jul - Zone E

**3. LENTEN COMPANION: WALKING WITH MARY TO JERUSALEM**

Location : Blessed Sacrament Chapel
When : After Mass in English

Date:

| | | |
|---|---|---|
| 21/22 February | (First Week) | Topic: PERSPECTIVE |
| 28 February/01 March | (Second Week) | Topic: ENDURE |
| 07/08 March | (Third Week) | Topic: NOTICE |
| 14/15 March | (Fourth Week) | Topic: RESIST |
| 21/22 March | (Fifth Week) | Topic: OBEDIENCE |
| 28/29 March | (Holy Week) | Topic: ANTICIPATION |

**Enter the heart of Mary as she accompanies Jesus to Jerusalem**

This Lenten prayer program by Fr. Mark Toups includes insightful reflections, prayers and other resources to lead you through Lent day by day. Throughout Lent, you will draw closer to Jesus Christ and experience his journey to Jerusalem from the perspective of the person who knows him best: Mary, the Blessed Mother. By walking alongside Mary, your Lent will become an intimate journey where you'll share in her sorrows and love, drawing ever closer to the heart of Jesus.

**4. HAVEN YOUNG ADULTS MINISTRY (HYAM): FEBRUARY GATHERING | 24 FEBRUARY 2026**

Hello Young Adults! We're excited to invite you to our Haven Young Adults February Gathering. Starting on 24th February from 8:00 pm to 10:00 pm. We have something different lined up for you twice a month (on the 2nd and 4th Tuesday) - connecting over board games, diving into Bible study, dwelling in His presence, and reflecting on His Word through various sessions.

This gathering is for 17–25-year-olds only, so if you're in that age range, come and be part of our community. Join us in the 2nd Floor Classroom (St. Michael).

For more details, please contact Julio (016-4339445) or Caitlin (016-4215027).

**5. HAVEN YOUTH MINISTRY (HYM): BATTLE NIGHT | 28 FEBRUARY 2026**

❤️‍🔥 Where faith is strengthened and hearts are ignited...

Join us for this month's Battle Night, WHERE IT ALL BEGINS. It's a night to return to the foundation of our faith, realign our hearts, and stand firm in Christ together. Come as you are and encounter God in worship and in the Word! SEE YOU THERE !!

🗓️ Date: 28th February 2026
🕗 Time: 8:00 p.m. - 10:30 p.m.
📍 Venue: Cathedral of the Holy Spirit, 2nd floor classrooms (St. Michael - St. Raphael)

Any questions? Reach out to our core team!
Jonathan: +60 12-713 2805
Ashley: +60 10-920 6651

**6. GLOWING EMBERS: THE POWER OF SILENCE | 10 MARCH 2026**

'God's first language is silence'
Join us as Simon Wong leads us to explore the vital importance of silence as a gateway to divine truth and wisdom. It is not an absence but the manifestation of a presence.

The session gives you an insight of how silence leads us toward God and toward others so that we can place ourselves humbly at their service.

Date/Time : 10th March 2026 @ 10.00 am
Venue : St Mark Room, Ground Floor
All are welcome.

**7. INFANT BAPTISM FOR MARCH 2026 | 22 MARCH 2026**

For parents who wish to have their child baptized, infant baptism will be held in the main church on Sunday, 22 March 2026 at 12noon. Please register at the parish office. There will be a pre-baptismal instruction and briefing for both parents and godparents.

**8. OUTDOOR WAY OF THE CROSS**

All zones, ministries, groups and families are encouraged to join the Outdoor Way of the Cross as we journey together in prayer this Lenten Season. Kindly write down your preferred date and time on the notice board.

**9. BADMINTON COURTS**

Parishioners can come and play badminton every Sunday - either 3pm to 5pm or 5pm to 7pm. No charges and no registration required.

**10. PENANG DIOCESE LENTEN CAMPAIGN 2026 "HOPE IN ACTION"**

Hope in Action

HOPE - Caring for the poor has always been the beacon of light that illuminates the hearts and path of Christian throughout the ages. When we shine this light into the world, we ignite hope in the hearts of the less fortunate.

ACTION - In solidarity as One Catholic Church, let us actively reach out – through our personal efforts or as a community initiative – to help transform lives and bring about a better reality for those in need.

Lenten Campaign T-Shirt "Hope in Action"




Price : RM25 per piece
The T-shirt will be available for sale outside the church after the weekend mass on:

- 21 & 22 February weekend
- 28 Feb & 1 March weekend

Donation to the Lenten Campaign

Why donate ?

Your donation will support the Catholic Church humanitarian works to care for the poor and marginalised, and communities affected by disaster.

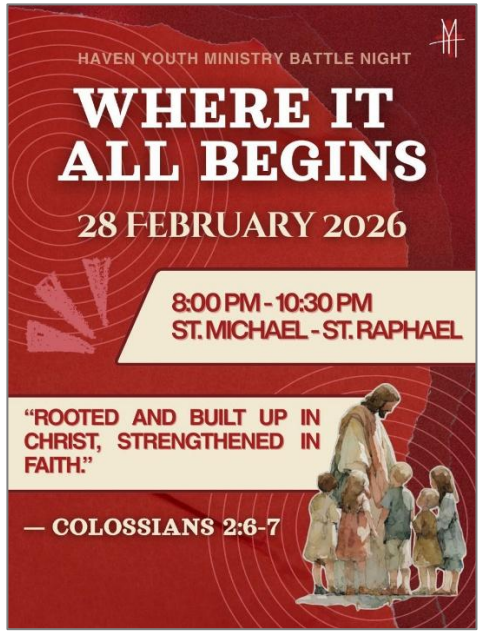
Tax exemptions receipts

- For donation amount of RM100 and above.
- You can either fill up the Lenten Campaign envelope that is available in the Church Office or visit the website caritaspenang.com/tax

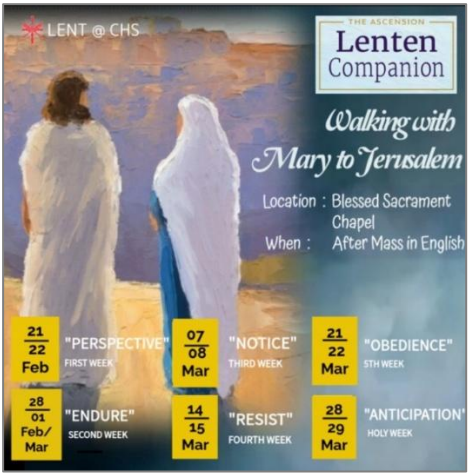
**RHB Bank: 2070 82 000 383 87**

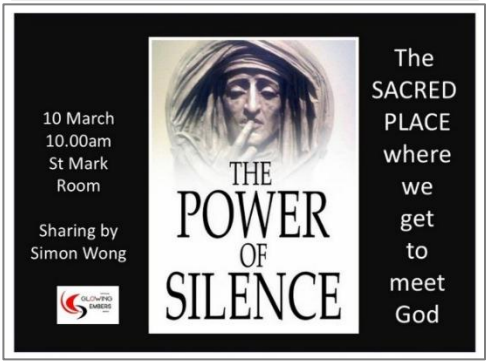
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Penang Diocesan Lenten Campaign



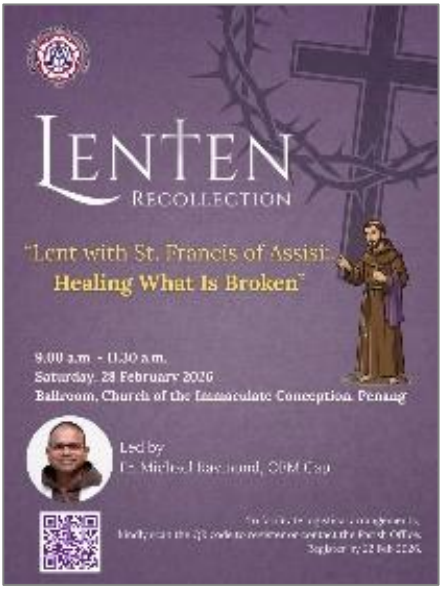




Way of the Cross
Fridays: 20, 27 FEBRUARY
6, 13, 20, 27 March
Time: 12.00 noon (E) & 8.00 pm (ETM) (Church)
Venue for 8pm: Church - English (E)
Chapel -Tamil (T)
1st Flr Classroom - Mandarin (M)
Cathedral of the Holy Spirit Penang
followed by Mass in Church (English)


LENT @ CHS
THE ASCENSION
Lenten Companion
Walking with Mary to Jerusalem
Location : Blessed Sacrament Chapel
When : After Mass in English
21/22 Feb "PERSPECTIVE" FIRST WEEK
07/08 Mar "NOTICE" THIRD WEEK
21/22 Mar "OBEDIENCE" 5TH WEEK
28/01 Feb/Mar "ENDURE" SECOND WEEK
14/15 Mar "RESIST" FOURTH WEEK
28/29 Mar "ANTICIPATION" HOLY WEEK


10 March
10.00am
St Mark Room
Sharing by Simon Wong
THE POWER OF SILENCE
The SACRED PLACE where we get to meet God


Lenten Penitential Services 2026
City Parish, Church of Our Lady of Sorrows, Macalister Road
09 March 2026 (Monday)
10.00 am & 8 pm
Cathedral of the Holy Spirit, Island Park
12 March 2026 (Thursday)
10.00 am & 8 pm
Church of Risen Christ, Air Itam
10 March 2026 (Tuesday)
10.00 am & 8 pm
Church of Divine Mercy, Sungai Ara
17 March 2026 (Tuesday)
10.00 am & 8 pm
Church of the Holy Name of Jesus, Balik Pulau
11 March 2026 (Wednesday)
10.00 & 8 pm
Church of the Immaculate Conception, Pulau Tikus
19 March 2026 (Thursday)
10.00 am & 8 pm
"Come to me, all you who labour and are overburdened, and I will give you rest" MATTHEW 11:28


LENTEN RECOLLECTION
"Lent with St. Francis of Assisi:
Healing What Is Broken"
9.00 a.m - 11.30 a.m.
Saturday, 28 February 2026
Ballroom, Church of the Immaculate Conception, Penang
Led by


புனித அன்னம்மாள் திருத்தலம்
Minor Basilica of St.Anne's BM
ஆல்ஃபா தமிழ் ஆரம்பம்..
Tamil Alpha Begins..
வந்து பாருங்கள்...
Come and See...
Alpha
Date : 28.2.2026 - 23.5.2026 (Every Saturday)
Time : 7.30pm - 9.30pm
Venue : St.Paul's Room (Parish Centre)
For registration kindly scan the QR code.
Contact Details : Mr. Selva - 014-3061016
Mr. Steeven -017-5635090
Mr. Edmond - 017-4538696