NEWBEC

NEW WAY OF BEING CHURCH | 4th Sunday Of Lent | 15 March 2026

LAETARE SUNDAY | LENTEN REFLECTION 4

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

A People for Missionary Discipleship

MONTHLY FOCUS: **ECOLOGY: Restoring Our Common Home**



"In the One, We Are One"

As we move into the Fourth Week of Lent, our Sunday gospel gives us the story of the man born blind. According to St Augustine, the blind man represents the human race wounded by original sin. Because of Adam's sin, we are born "blind" but in the baptismal font we are illumined by the grace of Christ.

Celebrate Listen Walk (cf Is 22-3) MPC2026

SCRIPTURE *of the* DAY

1 Samuel 16: 1, 6-7, 10-13
Psalm 22: 1-6
Ephesians 5: 8-14
John 9: 1-41 (or 9: 1, 6-9, 13-17, 34-38)

This, is what we see in this story - Jesus performs a ritual much like the way we are baptised.

So, after undergoing this ritual, the blind man's eyes are restored. But he only sees partially. He has a journey to make in order to see perfectly. The same may be said of us. Baptism is not the end of our journey but the beginning! It renders us able to see; though we are still new born infants. We need to grow. We can see, but there is so much we haven't yet seen. We must grow in his faith to come to know who Jesus Really Is. **And in seeing who He is, we also come to see Him in others, especially in the weak and the poor.** "On the wounded faces of the poor, we see the suffering of the innocent and, therefore, the suffering of Christ Himself" (Pope Leo *Dilexi Te* #9). We can enter the most profound solidarity with the poor because we have entered into this profound communion with Christ: In the One, we are One.

This is our journey, moving in stages to more perfectly know Jesus. St Paul tells us, "For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall understand fully, even as I have been fully understood." (1 Cor 13:12).

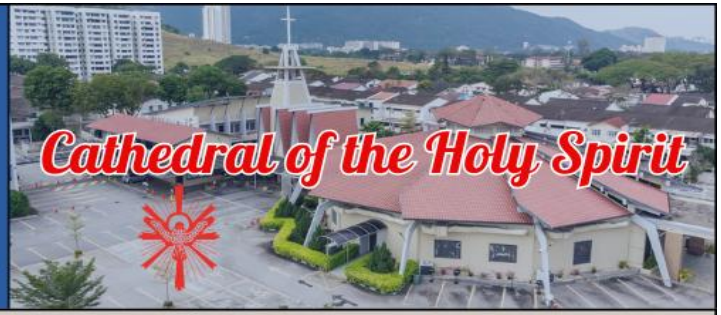
"Lent is a time that makes us jointly responsible for one another; it detaches us from our selfishness, small-mindedness, meanness and pride."
- St. John Paul II

May we ever cling to the Light that banishes the darkness which is all around us. When the world, which constantly seeks to undermine, manipulate and distort the Light of the Truth, twists the meaning of the life-giving words of Christ and asks us, "Do you want to become His disciple, too?" ... let us shout, unafraid and in loving faithfulness, "We do and we are, because once we could not see, but now we see clearly!" For in the One, we are One!

INTERNAL CIRCULATION ONLY
BUL 11/2026

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CHS BULLETIN



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Get Connected With Us

We would love to connect with you!
Please follow us on our social media platforms and email for the latest updates on our events.

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CHSpenang | chspenang | youtube.com/CHSPgTv

2026 THEME MARCH

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH
(A PEOPLE FOR MISSIONARY DISCIPLESHIP)
ECOLOGY (CONVERSION OF RELATIONSHIPS)
– RESTORING OUR COMMON HOME

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Mar 15 (Sun) *1 Sam 16:1,6-7,10-13* *Eph 5:8-14* *Jn 9:1-41*	**8.00 am** **10.30 am**	**MASS (M)** **MASS (E)**	**FOURTH SUNDAY OF LENT (LAETARE SUNDAY) (RCIA RITE OF 2ND SCRUTINY)**
Mar 16 (Mon)		**NO MASS**	
Mar 17 (Tue)	**6.40 am** **7.00 am**	**Lauds** **MASS (E)**	**St. Patrick, Bishop, Missionary**
Mar 18 (Wed)	**6.10 pm** **6.30 pm** **8.00 pm**	**Vespers** **MASS (E)** **BEC Mass (Zone F)**	**St. Cyril of Jerusalem, Bishop, Doctor**
Mar 19 (Thu)	**6.10 pm** **6.30 pm**	**Vespers** **MASS (E)**	**St. Joseph, husband of the Blessed Virgin Mary, Solemnity**
Mar 20 (Fri)	**12.00 pm** **8.00 pm**	**WOTC (E) followed by MASS (E)** **MASS (E) followed by WOTC (ETM)**	 **Venue for WOTC at night, - Church (E), Chapel (T), Hall (M)**
Mar 21 (Sat)	**6.40 am** **7.00 am** **5.30 pm** **6.00 pm**	**Lauds** **MASS (E)** **Novena to OMPH** **MASS (E)**	
Mar 22 (Sun) *Ez 37:12-14* *Rom 8:8-11* *Jn 11:1-45*	**8.00 am** **10.30 am**	**MASS (M)** **MASS (E)**	**FIFTH SUNDAY OF LENT (RCIA RITE OF 3RD SCRUTINY)**

E = English M = Mandarin T = Tamil BM = Bahasa Malaysia

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	**Public Bank Berhad**	**RHB Bank Berhad**	**RHB Bank Berhad**
Account Number	**309 3049812**	**20708 2000 39510**	**20708 2000 39928**
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 7 & 8 March 2026: RM 9,865.90

"God loves a cheerful giver." – 2 Cor. 9:7

1. **BEC MASSES**

Please take note that there will be BEC Masses at 8pm at the respective Zones:

- 18 Mar - Zone F
- 10 Apr - Zone G
- 23 Apr - Zone H
- 8 May - Zone I
- 12 May - Zone A
- 10 Jun - Zone B
- 25 Jun - Zone C
- 2 Jul - Zone D
- 15 Jul - Zone E

2. **NIGHT WAY OF THE CROSS (WOTC) AFTER MASS ON FRIDAYS**

Please take note that the night WOTC on Fridays will be after MASS.

3. **LENTEN COMPANION: WALKING WITH MARY TO JERUSALEM**

Location : Blessed Sacrament Chapel
When : After Mass in English

Date:

14/15 March	(Fourth Week)	Topic: RESIST
21/22 March	(Fifth Week)	Topic: OBEDIENCE
28/29 March	(Holy Week)	Topic: ANTICIPATION

Enter the heart of Mary as she accompanies Jesus to Jerusalem

This Lenten prayer program by Fr. Mark Toups includes insightful reflections, prayers and other resources to lead you through Lent day by day. Throughout Lent, you will draw closer to Jesus Christ and experience his journey to Jerusalem from the perspective of the person who knows him best: Mary, the Blessed Mother. By walking alongside Mary, your Lent will become an intimate journey where you'll share in her sorrows and love, drawing ever closer to the heart of Jesus.

4. **BADMINTON COURTS**

Our badminton courts will not be available for use on Sunday, 15 March 2026.

5. **PALMS FOR PALM SUNDAY**

If you have palms to spare and share, please bring them to the parish office by the morning of 28 March.

6. CHARITY FOOD SALE BY WOMEN'S GROUP | 14 & 15 MARCH 2026

This year, the Women's Group will hold its annual Charity Food Sale on 14 & 15 March 2026 at CHS Cafe, as part of its effort to assist those in need, especially those who are sick. Come and support us on…

- 14 March, Sat 4pm to 7pm
- 15 March, Sun 8am to 12.30 pm

The funds raised shall be donated equally to:

- St. Anne's Dialysis Centre in Bukit Mertajam to provide free or subsidised treatment to dialysis patients who need financial assistance; and
- Mt Miriam Cancer Hospital to provide financial assistance to cancer patients that are in need to seek treatment or hospice care.

Kindly bring your own recycle bags to carry the foods.
May we grow in the spirit of Christ through the practice of Love, Generosity and Dedication to those in need, this Lent.

7. 3-IN-1 COMMUNITY HEALTH DAY

Donate • Prevent • Protect

Date: 18 April 2026 (Saturday)
Time: 9.00am to 4.00pm
Venue: Dewan Holy Spirit Hall, Cathedral of the Holy Spirit

a) Blood Donation:

CALLING ALL ELIGIBLE PARTICIPANTS.
Eligibility to Donate Blood:

- Age between 17 – 65 for regular donors / 17 – 60 for new donors
  (Individuals age 17 years are required to bring written consent from parents or guardian)
- Body weight above 45 kg
- In good physical and mental health with no chronic medical illness
- Not on long term medications
- Had enough sleep (more than 5 hours) the night prior to donation
- Had taken a meal prior to donation

**Note: Kindly bring your Identity Card and blood donor card (regular donors) on the event day

b) Oral Health Check

- Free dental check-up
- Oral hygiene advice
- Early detection of dental issues

c) Basic Health Screening (Free check up except for Blood Cholesterol test)

- Blood Pressure Check
- Blood Glucose Test
- Blood Cholesterol Test @ RM5.00per pax

**Note: Kindly bring your Identity Card for registration purposes on the event day

For further details, kindly ontact:
June Lim at HP No: 017 – 866 2483 Germaine at HP No: 012 – 455 0390

8. OUTDOOR WAY OF THE CROSS

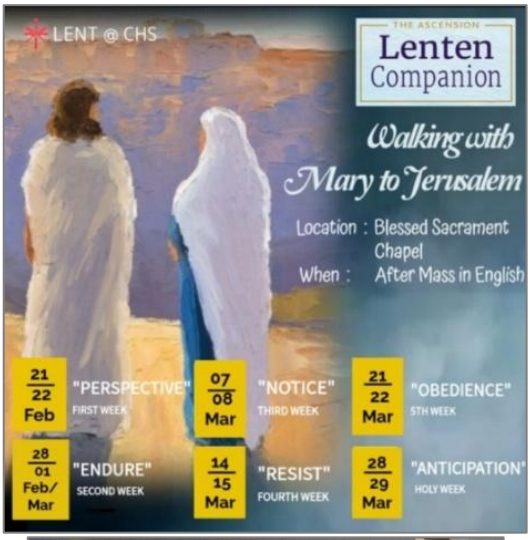
All zones, ministries, groups and families are encouraged to join the Outdoor Way of the Cross as we journey together in prayer this Lenten Season. Kindly write down your preferred date and time on the notice board.

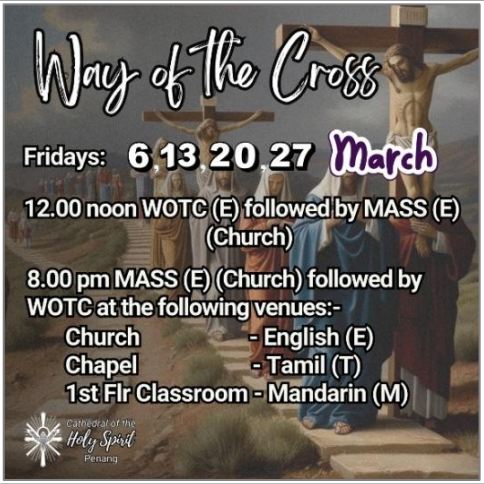
9. HAVEN YOUNG ADULTS MINISTRY (HYAM)

Hello Young Adults! We're excited to invite you to our Haven Young Adults March Gathering. Starting on the 10th of March from 8:00 pm to 10:00 pm, we have something different lined up for you twice a month - connecting over board games, diving into Bible study, dwelling in His presence, and reflecting on His Word through various sessions. This gathering is for 17–25-year-olds only, so if you're in that age range, come and be part of our community. Join us in the 2nd Floor Classroom (St. Michael). For more details, please contact Julio (016-4339445) or Caitlin (016-4215027).






LENT @ CHS
THE ASCENSION
Lenten Companion
Walking with Mary to Jerusalem
Location : Blessed Sacrament Chapel
When : After Mass in English
21/22 Feb "PERSPECTIVE" FIRST WEEK
28/01 Feb/Mar "ENDURE" SECOND WEEK
07/08 Mar "NOTICE" THIRD WEEK
14/15 Mar "RESIST" FOURTH WEEK
21/22 Mar "OBEDIENCE" 5TH WEEK
28/29 Mar "ANTICIPATION" HOLY WEEK


Way of the Cross
Fridays: 6 13 20 27 March
12.00 noon WOTC (E) followed by MASS (E) (Church)
8.00 pm MASS (E) (Church) followed by WOTC at the following venues:-
Church - English (E)
Chapel - Tamil (T)
1st Flr Classroom - Mandarin (M)
Cathedral of the Holy Spirit Penang


Haven
YOUNG ADULTS MINISTRY
Tuesday | 8PM - 10 PM | Age 17 - 25
Cathedral of the Holy Spirit, 2nd Floor Classroom (St. Michael)
FEBRUARY 10.2 - Session 24.2 - Boardgames
Session - 10.3 Seder Meal (Sat) - 28.3 MARCH
APRIL 14.4 - Session 28.4 - Bible Study
Please contact our core team if you have any inquiries:
Julio Geronimo: 016-4339445
Michael Andrews: 019-4585499
Caitlin Teoh: 016-4215027
Revelation 22:17
Let everyone who hears, Come!
Let everyone who is thirsty, Come!
Let anyone who wishes, take the water of life as a gift.