NEWBEC

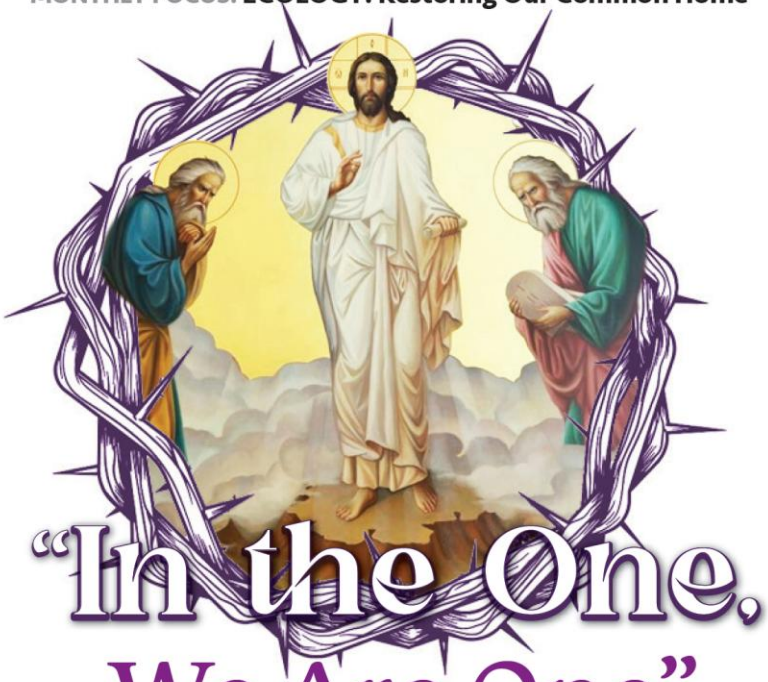
NEW WAY OF BEING CHURCH | 2nd Sunday Of Lent | 1 March 2026

LENTEN REFLECTION 2

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

A People for Missionary Discipleship

MONTHLY FOCUS: ECOLOGY: Restoring Our Common Home



"In the One, We Are One"

Lent when compared to Christmas often takes on a darker, more sombre hue. While that is true, the Church also provides us with sufficient light to traverse through "the valley of darkness" by situating the scene of the Transfiguration at the beginning of Lent. The Lord takes Peter, John and James up to a mountain and there, His glory shines through. The Greek word that describes this mystery is the verb form of "metamorphosis" - the wondrous unfolding of a butterfly as she emerges from the dark and colourless cocoon.

Most of us would prefer, like the apostles, to remain on the mountain, beholding the glory of our Lord for eternity, without having to descend the hill and be confronted with the horror of suffering, failure and death. But our Lord challenges us to go down the mountain, back into the real world and continue the "ordinary" work of walking with others. Pope Leo XIV tells us, "The Church, like a mother, accompanies those who are walking. Where the world sees threats, she sees children; where walls are built, she builds bridges" (DT 75).

SCRIPTURE *of the* DAY

Genesis 12: 1-4
Psalm 32: 4-5, 18-20, 22
2 Timothy 1: 8-10
Matthew 17: 1-9

The story of the Transfiguration is a good reminder that though the Lord can bring us up to the mountaintop to have a glimpse of God's glory and a taste of heaven, and to experience His love tangibly, we can't stay up there. Life is lived in the low places, in the valleys. God has work for us to do. **We should not forget about the mission of the cross that we are to pick up as servants of Christ.**

And this, is the mysterious nature of our faith. Faith is always drawing us onwards. Just when we thought we knew the answers, we have to set those answers down and move on empty handed. Ultimately, the transfiguration is not just about reaching the tops of mountains, Christ will also be revealed in glory in the loneliness, forsakenness and agony on a cross. And, He will transfigure that cross too - from a sign of death into a sign of life and hope. During this Lent, let us be united with Him in the cross as He unites with us in glory! In the One, we are One.

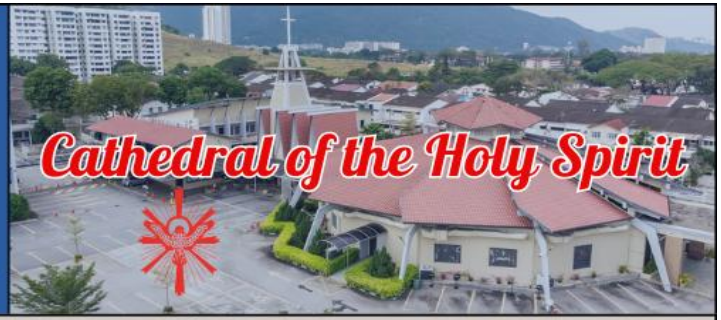
Jesus' beauty does not alienate his disciples from the reality of life but gives them the strength to follow him all the way to Jerusalem, all the way to the cross.

- Pope Francis

INTERNAL CIRCULATION ONLY
BUL 09/2026

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CHS BULLETIN



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Deacon: DCN ANDREW LOH **& FR JAMES TAN**

Get Connected With Us

We would love to connect with you!
Please follow us on our social media platforms and email for the latest updates on our events.

admin@holyspiritcathedral.com holyspiritcathedral.com
CHSpenang chspenang youtube.com/CHSPgTv

2026 THEME MARCH

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH
(A PEOPLE FOR MISSIONARY DISCIPLESHIP)
ECOLOGY (CONVERSION OF RELATIONSHIPS)
– RESTORING OUR COMMON HOME

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Mar 01 (Sun) *Gen 12:1-4* *2 Tim 1:8-10* *Mt 17:1-9*	**8.00 am** **10.30 am** **5.30 pm**	**MASS (M)** **MASS (E)** **MASS (T)**	**SECOND SUNDAY OF LENT**
Mar 02 (Mon)		**NO MASS**	**St. Polycarp, Bishop, Martyr**
Mar 03 (Tue)	**6.40 am** **7.00 am**	**Lauds** **MASS (E)**	
Mar 04 (Wed)	**6.10 pm** **6.30 pm**	**Vespers** **MASS (E)**	**St. Casimir**
Mar 05 (Thu)	**6.10 pm** **6.30 pm** **8.00 pm**	**Vespers** **MASS (E)** **BEC MASS (Zone E)**	
Mar 06 (Fri)	**12.00 pm** **8.00 pm**	**WOTC (E) followed by MASS (E)** **MASS (E) followed by WOTC (ETM)**	 **Venue for WOTC at night, - Church (E), Chapel (T), Hall (M)**
Mar 07 (Sat)	**6.40 am** **7.00 am** **5.30 pm** **6.00 pm**	**Lauds** **MASS (E)** **Novena to OMPH** **MASS (E)**	**Ss. Perpetua & Felicity, Martyrs**
Mar 08 (Sun) *Ex 17:3-7* *Rom 5:1-2,5-8* *Jn 4:5-42*	**8.00 am** **10.30 am**	**MASS (M)** **MASS (BM)**	**THIRD SUNDAY OF LENT** **(RCIA RITE OF 1ST SCRUTINY)**

E = English M = Mandarin T = Tamil BM = Bahasa Malaysia

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	**Public Bank Berhad**	**RHB Bank Berhad**	**RHB Bank Berhad**
Account Number	**309 3049812**	**20708 2000 39510**	**20708 2000 39928**
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 14 & 15 February 2026: RM 10,271.50
2nd Collection on 28 February & 01 March 2026 is for the poor and needy

"God loves a cheerful giver." – 2 Cor. 9:7

1. STAYING AT CHS FOR ONE YEAR

We welcome Patrick Louis, who will be staying with us this year, as he begins his permanent diaconate formation with classes at College General.

2. BEC MASSES

Please take note that there will be BEC Masses at 8pm at the respective Zones:

- 5 Mar - Zone E
- 18 Mar - Zone F
- 10 Apr - Zone G
- 23 Apr - Zone H
- 8 May - Zone I
- 12 May - Zone A
- 10 Jun - Zone B
- 25 Jun - Zone C
- 2 Jul - Zone D
- 15 Jul - Zone E

3. NIGHT WAY OF THE CROSS (WOTC) AFTER MASS ON FRIDAYS

Please take note that the night WOTC on Fridays will be after MASS.

4. LENTEN COMPANION: WALKING WITH MARY TO JERUSALEM

Location : Blessed Sacrament Chapel
When : After Mass in English

Date:

28 February/01 March	(Second Week)	Topic: ENDURE
07/08 March	(Third Week)	Topic: NOTICE
14/15 March	(Fourth Week)	Topic: RESIST
21/22 March	(Fifth Week)	Topic: OBEDIENCE
28/29 March	(Holy Week)	Topic: ANTICIPATION

Enter the heart of Mary as she accompanies Jesus to Jerusalem

This Lenten prayer program by Fr. Mark Toups includes insightful reflections, prayers and other resources to lead you through Lent day by day. Throughout Lent, you will draw closer to Jesus Christ and experience his journey to Jerusalem from the perspective of the person who knows him best: Mary, the Blessed Mother. By walking alongside Mary, your Lent will become an intimate journey where you'll share in her sorrows and love, drawing ever closer to the heart of Jesus.

5. GLOWING EMBERS: THE POWER OF SILENCE | 10 MARCH 2026

'God's first language is silence'

Join us as Simon Wong leads us to explore the vital importance of silence as a gateway to divine truth and wisdom. It is not an absence but the manifestation of a presence.

The session gives you an insight of how silence leads us toward God and toward others so that we can place ourselves humbly at their service.

Date/Time : 10th March 2026 @ 10.00 am
Venue : St Mark Room, Ground Floor
All are welcome.

6. PARISH LENTEN DAY OF RECOLLECTION | 14 MARCH 2026

On 14 March 2026, all CHS parishioners are invited to participate in a day of recollection, reflecting on the Holy Week, and how we can participate wholly and worshipfully in the Paschal Mystery. Come and experience Christ in the Day of Recollection.

Date: 14 March 2026 (Saturday)
Time: 9am to 5pm
Venue: Dewan Holy Spirit
Fees: RM10
Deadline: 8 March 2026 (Sunday)

7. INFANT BAPTISM FOR MARCH 2026 | 22 MARCH 2026

For parents who wish to have their child baptized, infant baptism will be held in the main church on Sunday, 22 March 2026 at 12noon. Please register at the parish office. There will be a pre-baptismal instruction and briefing for both parents and godparents.

8. OUTDOOR WAY OF THE CROSS

All zones, ministries, groups and families are encouraged to join the Outdoor Way of the Cross as we journey together in prayer this Lenten Season. Kindly write down your preferred date and time on the notice board.

9. BADMINTON COURTS

Our badminton courts will not be available for use on Sunday, 8 March 2026.

10. BECOMING A DISCIPLE THROUGH BIBLE STUDY 2026

DISCIPLE is a 9 months Bible Study course (from March - November 2026) with the aim of enlightening minds and transforming hearts to become disciples of Jesus Christ. Through daily study and weekly meetings, you will be guided to have a good foundation of the Bible from the books of Genesis to Revelation.

It will be held in the church of Our Lady of Sorrows & Cathedral of the Holy Spirit. Closing date is 5/3/26. You can register by calling 017 5992094 or
https://forms.gle/rEHQbUCLp22jPWrR6

DISCIPLE

BECOMING DISCIPLES THROUGH BIBLE STUDY
WEEKLY GROUP MEETING SCHEDULE FOR 2026

OUR LADY OF SORROWS CHURCH, PENANG

11. PENANG DIOCESE LENTEN CAMPAIGN 2026 "HOPE IN ACTION"

Hope in Action

HOPE - Caring for the poor has always been the beacon of light that illuminates the hearts and path of Christian throughout the ages. When we shine this light into the world, we ignite hope in the hearts of the less fortunate.

ACTION - In solidarity as One Catholic Church, let us actively reach out – through our personal efforts or as a community initiative – to help transform lives and bring about a better reality for those in need.

Lenten Campaign T-Shirt "Hope in Action"



Price : RM25 per piece
The T-shirt will be available for sale outside the church after the weekend mass on:

- 21 & 22 February weekend
- 28 Feb & 1 March weekend

Donation to the Lenten Campaign

Why donate ?

Your donation will support the Catholic Church humanitarian works to care for the poor and marginalised, and communities affected by disaster.

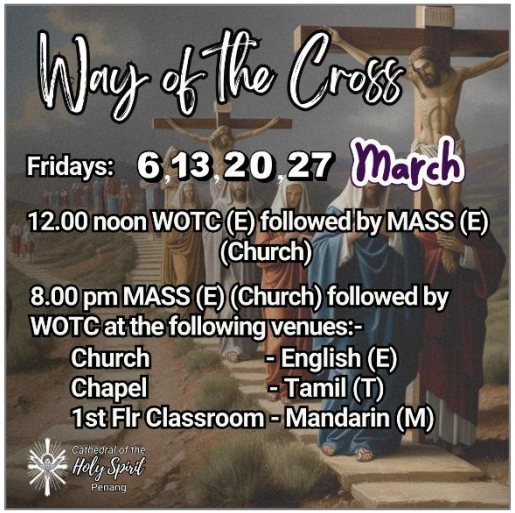
Tax exemptions receipts

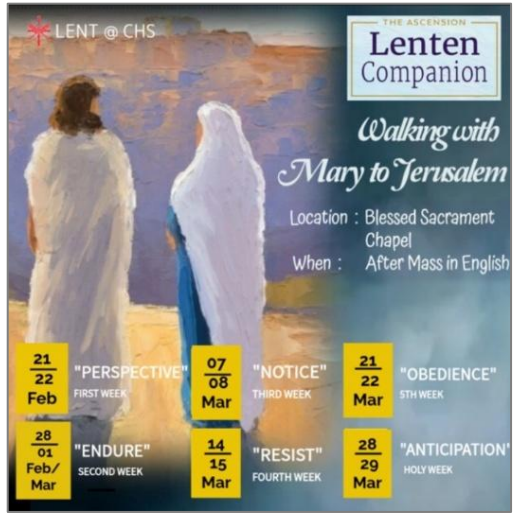
- For donation amount of RM100 and above.
- You can either fill up the Lenten Campaign envelope that is available in the Church Office or visit the website caritaspenang.com/tax

RHB Bank: 2070 82 000 383 87

DuitNow QR

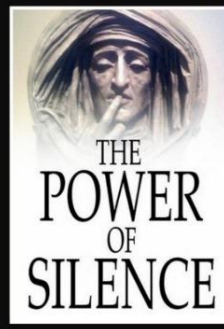
Penang Diocesan Lenten Campaign





10 March
10.00am
St Mark
Room

Sharing by
Simon Wong



THE POWER OF SILENCE

The SACRED PLACE where we get to meet God

Lenten Penitential Services 2026

City Parish, Church of Our Lady of Sorrows, Macalister Road
09 March 2026 (Monday)
10.00 am & 8 pm

***Cathedral of the Holy Spirit,* Island Park**
12 March 2026 (Thursday)
10.00 am & 8 pm

Church of Risen Christ, Air Itam
10 March 2026 (Tuesday)
10.00 am & 8 pm

Church of Divine Mercy, Sungai Ara
17 March 2026 (Tuesday)
10.00 am & 8 pm

Church of the Holy Name of Jesus, Balik Pulau
11 March 2026 (Wednesday)
10.00 & 8 pm

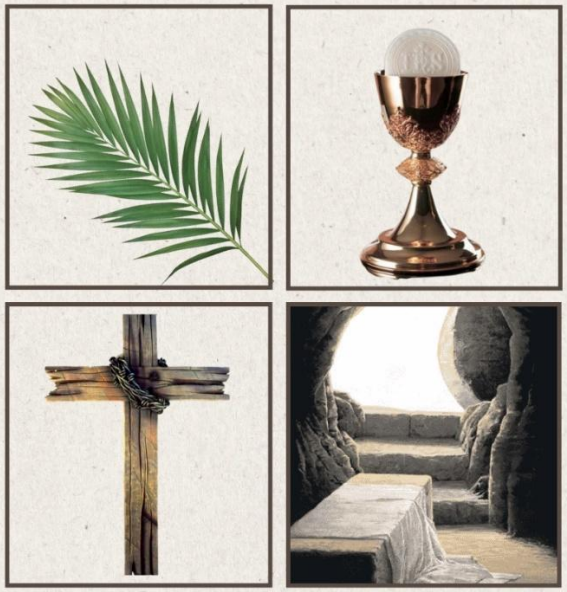
Church of the Immaculate Conception, Pulau Tikus
19 March 2026 (Thursday)
10.00 am & 8 pm



"Come to me, all you who labour and are overburdened, and I will give you rest." MATTHEW 11:28

HOLY WEEK

THE MEANING, MESSAGE & OUR MISSION



Day of Recollection
Presenter : Mr Martin Jalleh
Lay Leader, Motivator, Formator, Spiritual Guide

date / time of event / venue

14 MARCH, 2026 I 9:00 AM TO 5:00PM
FOLLOWED BY HOLY MASS AT 6:00PM

Registration begins at 8:15am

event's location

DEWAN HOLY SPIRIT

REGISTRATION FEE
RM10.00

CLOSING DATE :
8 MARCH 2026

enquiries:
BERNARD CAPEL 016-411 7675
ANNE HO 016-410 6992

Haven
YOUNG ADULTS MINISTRY

Tuesday | 8PM - 10 PM | **Age 17 - 25**
Cathedral of the Holy Spirit, **2nd Floor Classroom (St. Michael)**

FEBRUARY
10.2 - Session
24.2 - Boardgames

MARCH
Session - 10.3
Seder Meal (Sat) - 28.3

APRIL
14.4 - Session
28.4 - Bible Study

Please contact our core team if you have any inquiries:
Julio Geronimo: 016-4339445
Michael Andrews: 019-4585499
Caitlin Teoh: 016-4215027

Revelation 22:17
Let everyone who hears, Come!
Let everyone who is thirsty, Come!
Let anyone who wishes, take the water of life as a gift.

LENTEN RECOLLECTION

"Lent with St. Francis of Assisi:
Healing What Is Broken"



9.00 a.m - 0.30 a.m.
Saturday, 28 February 2026
Ballroom, Church of the Immaculate Conception, Penang



Led by
Fr. Michael Bastiampillai, OFM Cap

புனித அன்னம்மாள் திருத்தலம்
Minor Basilica of St.Anne's BM

ஆல்ஃபா தமிழ் ஆரம்பம்..

Tamil Alpha Begins..

வந்து பாருங்கள்...
Come and See...

Date : 28.2.2026 - 23.5.2026 (Every Saturday)
Time : 7.30pm - 9.30pm
Venue : St.Paul's Room (Parish Centre)

For registration kindly scan the QR code.

Contact Details : Mr. Selva - 014-3061016
Mr. Steeven -017-5635090
Mr. Edmond - 017-4538696