NEWBEC

NEW WAY OF BEING CHURCH | 5th Sunday Of Lent | 22 March 2026

LENTEN REFLECTION 5

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH

A People for Missionary Discipleship

MONTHLY FOCUS: ECOLOGY: Restoring Our Common Home



"In the One, We Are One"

The frustration felt by the sisters of Lazarus resonates with many of us. Having exhausted all medical options and in desperation, we turn to the Lord looking for some miraculous cure. And yet, we constantly witness health deteriorating and our loved ones dying. If only Jesus was present, He could have prevented this.

By raising Lazarus from the dead, the Lord is saying this: I AM with you. I am willing to join you in your sufferings. Jesus, Emmanuel, God-With-Us, joins us not by preventing death, but by dying with us and for us. He then begins the remaking of all creation by rising from the dead.

SCRIPTURE *of the* DAY

Ezekiel 37: 12-14
Psalm 129
Romans 8: 8-11
John 11: 1-45 (or 11: 3, 7, 17, 20-27, 33-45)

The real miracle of the story is NOT the resuscitation of Lazarus, however impressive and important that is. Martha and Mary wanted a miracle, and they got their miracle. But the greater truth is that Jesus is not just a miracle worker, He is the resurrection and the life! Miracles are nice; but they don't solve our deepest problems. As much as we want Him to, God will not perform on cue.

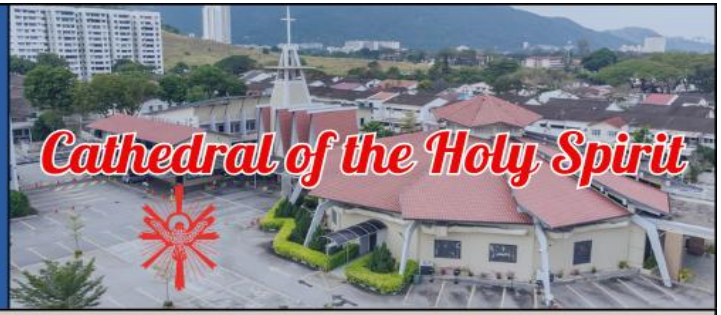
Jesus Christ offers something more and definitely better. Not a nice life but a new one. He promises us not a long life but far better than that, an eternal life. He is the real miracle of the story. He is the final and ultimate answer to prayer. **He is the resurrection and the life. Not resuscitation but resurrection.** Not reversal but renewal. Jesus defeated sin, death and hell. If we believe in Him, then we will have life; eternal life. Our Lord promises this: "I am the resurrection and the life. If anyone believes in Me, even though he dies he will live, and whoever lives and believes in Me will never die." Then the Lord adds, "Do you believe this?" It is my hope and prayer that every one of you would get it right. "Yes Lord, I believe that you are the Christ, the Son of God, the one who was to come into this world." AMEN! In Him, we are one!

"Lent is a time of grace, a time for conversion, a time to come home to God."
- St. Maximilian Kolbe

INTERNAL CIRCULATION ONLY
BUL 12/2026

Contributed by: Archdiocesan Office of Human Development (AOHD)
Published by: Archdiocesan Pastoral Institute (API) | **Email:** api@archkl.org

CHS BULLETIN



1, Tingkat Besi Satu,
Island Park, 11600 Penang

+604-6584909 | +604-6566681
+604-6564309 (FAX)

Rector: FR RAYMOND RAJ
Deacon: DCN ANDREW LOH

Priests-in-Residence: FR FRANCIS ANTHONY, FR FABIAN DICOM & FR JAMES TAN

Get Connected With Us

We would love to connect with you!
Please follow us on our social media platforms and email for the latest updates on our events.

admin@holyspiritcathedral.com | holyspiritcathedral.com
CHSpenang | chspenang | youtube.com/CHSPgTv

2026 THEME MARCH

WALKING TOGETHER TOWARDS A SYNODAL AND PROPHETIC CHURCH
(A PEOPLE FOR MISSIONARY DISCIPLESHIP)
ECOLOGY (CONVERSION OF RELATIONSHIPS)
– RESTORING OUR COMMON HOME

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Mar 22 (Sun) *Ez 37:12-14* *Rom 8:8-11* *Jn 11:1-45*	**8.00 am** **10.30 am**	**MASS (M)** **MASS (E)**	**FIFTH SUNDAY OF LENT** **(RCIA RITE OF 3RD SCRUTINY)**
Mar 23 (Mon)		**NO MASS**	**St. Turibius of Mongrovejo, Bishop**
Mar 24 (Tue)	**6.40 am** **7.00 am**	**Lauds** **MASS (E)**	
Mar 25 (Wed)	**8.00 pm**	**ROSARY followed by MASS (E)**	**The Annunciation of the Lord, Solemnity**
Mar 26 (Thu)	**6.10 pm** **6.30 pm**	**Vespers** **MASS (E)**	
Mar 27 (Fri)	**12.00 pm** **8.00 pm**	**WOTC (E) followed by MASS (E)** **MASS (E) followed by WOTC (ETM)**	 **Venue for WOTC at night, - Church (E), Chapel (T), Hall (M)**
Mar 28 (Sat)	**6.40 am** **7.00 am**	**Lauds** **MASS (E)**	
	5.30 pm **6.00 pm**	**Novena to OMPH** **MASS (EM) with Procession**	**PALM SUNDAY OF THE PASSION OF THE LORD (YEAR A)** **(Blessing of Palms)**
Mar 29 (Sun) *Is 50:4-7* *Phil 2:6-11* *Mt 26:14-27:66*	**8.00 am** **10.30 am**	**MASS (M) with Procession** **MASS (E)** **No procession**	

E = English M = Mandarin T = Tamil BM = Bahasa Malaysia

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	**Public Bank Berhad**	**RHB Bank Berhad**	**RHB Bank Berhad**
Account Number	**309 3049812**	**20708 2000 39510**	**20708 2000 39928**
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 14 & 15 March 2026: RM 9,383.38

"God loves a cheerful giver." – 2 Cor. 9:7

1. BEC MASSES

Please take note that there will be BEC Masses at 8pm at the respective Zones:

- 10 Apr - Zone G
- 23 Apr - Zone H
- 8 May - Zone I
- 12 May - Zone A
- 10 Jun - Zone B
- 25 Jun - Zone C
- 2 Jul - Zone D
- 15 Jul - Zone E

2. LENTEN COMPANION: WALKING WITH MARY TO JERUSALEM

Location : Blessed Sacrament Chapel
When : After Mass in English
Date: 21/22 March (Fifth Week) Topic: OBEDIENCE
28/29 March (Holy Week) Topic: ANTICIPATION

Enter the heart of Mary as she accompanies Jesus to Jerusalem

This Lenten prayer program by Fr. Mark Toups includes insightful reflections, prayers and other resources to lead you through Lent day by day. Throughout Lent, you will draw closer to Jesus Christ and experience his journey to Jerusalem from the perspective of the person who knows him best: Mary, the Blessed Mother. By walking alongside Mary, your Lent will become an intimate journey where you'll share in her sorrows and love, drawing ever closer to the heart of Jesus.

1. PALMS FOR PALM SUNDAY

If you have palms to spare and share, please bring them to the parish office by the morning of 28 March.

2. OUTDOOR WAY OF THE CROSS

All zones, ministries, groups and families are encouraged to join the Outdoor Way of the Cross as we journey together in prayer this Lenten Season. Kindly write down your preferred date and time on the notice board.

3. HAVEN YOUNG ADULTS MINISTRY (HYAM)

Hello Young Adults! We're excited to invite you to our Haven Young Adults March Gathering. Starting on the 10th of March from 8:00 pm to 10:00 pm, we have something different lined up for you twice a month - connecting over board games, diving into Bible study, dwelling in His presence, and reflecting on His Word through various sessions. This gathering is for 17–25-year-olds only, so if you're in that age range, come and be part of our community. Join us in the 2nd Floor Classroom (St. Michael). For more details, please contact Julio (016-4339445) or Caitlin (016-4215027).

4. WASHING OF THE FEET WITH FAMILY | 02 APRIL 2026

"If I, then, the Lord and Master, have washed your feet, you must wash each other's feet." (John 13:14)

As Christ has commanded us to copy the act of service for others, we ought to practice the same - first to our own family members. This year on Maundy Thursday, we are launching a new activity involving family members.

After Maundy Thursday Mass, several stations in the Ground Floor Classrooms for families to participate in the washing of the feet of your respective family members. Families are encouraged to participate in this activity via Google Form below. 20 minutes slot is allocated for each family for the washing of the feet.

Let us celebrate Maundy Thursday meaningfully, not only in Mass and Adoration, but also actively participating in the washing of the feet - an act that Christ commanded to copy.

Date: 2 April 2026 (Thu)
Time: 7.30 pm till 12 midnight (after Maundy Thursday Mass)
Venue: St Mark's Room (Ground Floor Classrooms)

Registration Link: https://forms.gle/bDyJkPFRtLsEh5Co7

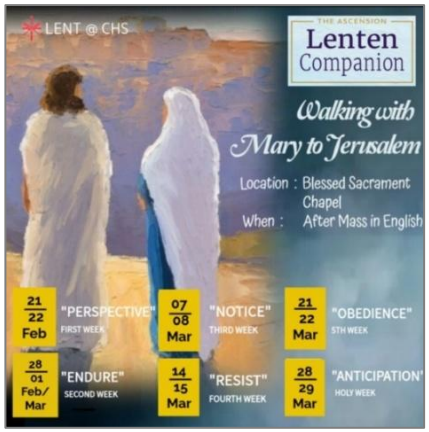
Note: Please sign up for the slot that is after the Mass you are attending. Mandarin Mass is at 6pm to approx. 7.15pm. English/Tamil Mass is at 8.30pm to approx. 9.45pm.

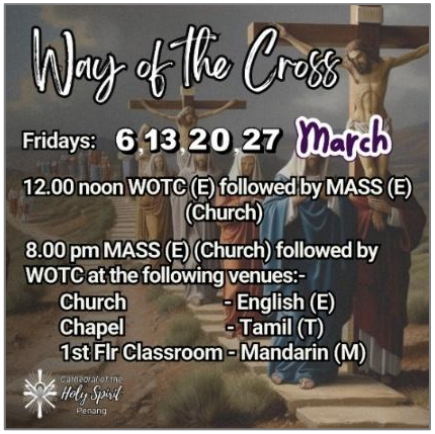
5. INVITATION TO MARRIAGE ENCOUNTER WEEKEND

Dear Friends, we hope this message finds you well. My spouse and I have attended a Marriage Encounter Weekend, and it was truly a transformative experience for our relationship. We gained new insights, rekindled our connection, and discovered practical ways to strengthen our marriage. We would love for you to experience the same blessings. Upcoming Marriage Encounter Weekends will be held at Domus St. Anne:

- Mandarin-speaking couples: 1st to 3rd May 2026
- English-speaking couples: 7th to 9th August 2026

This weekend is a wonderful opportunity to invest in your relationship and grow together as a couple. You can find more details at wwme.org.
To register click on https://forms.gle/Z983gPsNYZwg6esH9
We sincerely encourage you to join - it could be one of the best gifts you give to your marriage.
Warmest regards, Marcellus + Dorothy (ME 49) Service Team





6. 3-IN-1 COMMUNITY HEALTH DAY

Donate • Prevent • Protect

Date: 18 April 2026 (Saturday)
Time: 9.00am to 4.00pm
Venue: Dewan Holy Spirit Hall, Cathedral of the Holy Spirit

a) Blood Donation:

CALLING ALL ELIGIBLE PARTICIPANTS.
Eligibility to Donate Blood:

- Age between 17 – 65 for regular donors / 17 – 60 for new donors (Individuals age 17 years are required to bring written consent from parents or guardian)
- Body weight above 45 kg
- In good physical and mental health with no chronic medical illness
- Not on long term medications
- Had enough sleep (more than 5 hours) the night prior to donation
- Had taken a meal prior to donation

**Note: Kindly bring your Identity Card and blood donor card (regular donors) on the event day

b) Oral Health Check

- Free dental check-up
- Oral hygiene advice
- Early detection of dental issues

c) Basic Health Screening (Free check up except for Blood Cholesterol test)

- Blood Pressure Check
- Blood Glucose Test
- Blood Cholesterol Test @ RM5.00per pax

**Note: Kindly bring your Identity Card for registration purposes on the event day

For further details, kindly contact: June Lim at HP No: 017 – 8662483 Germaine at HP No: 012 – 4550390



